Bath tub safety tips:
At Cook Children’s, we’re experts in keeping your children safe and healthy. Follow these tried and true tips to keep your child safe during bath time.

Always ensure an adult stays at the side of the tub, in reach of child.
This is too big of a responsibility for brothers or sisters.

Avoid multi-tasking.
This is not the time to prepare dinner, fold laundry or any other housekeeping tasks.

Ignore distractions like the doorbell or phone calls.

Be prepared.
Keep a towel and bath supplies close at hand, so you do not have to leave during bath time.

Consider bath time as bonding time to relax with your baby or toddler.
Bath toys like foam letters, animals that shoot water and waterproof books are a great way to make bath tub more fun and teach them new things at the same time!

Safe proof your home to prevent young children from accessing the bathroom without an adult.

If you have to leave during bath time, swaddle the child in a towel and take them with you.

Drain the tub after each use.

For more water safety tips, videos and to get involved, visit www.lifeguardyourchild.org